

**2025 Forest Park Country Club**  
**Swimming Pool Rules and Reminders**

1. If there is No lifeguard on duty – Swim at your own risk.
2. Children under 12 must be accompanied by a responsible person. Lifeguards will not be used as babysitters.
3. Swimsuits shall be required, no cut-offs, no thongs.
4. Daily Registration:
  - a) **Daily Sign In:** FPCC Pool Members and FPCC Members will register at the registration table daily.
  - b) **Local Guest:** If you have a guest, you must be present and pay \$10.00 for each guest you bring.
  - c) **Non – Local Guest:** If you have a guest that lives a minimum of 40 miles from the club, a \$10.00 fee is not required. **This is a FPCC full member's privilege.** Pool members do not have this privilege.
  - d) **Baby-Sitter Pass:** FPCC members and FPCC pool members may purchase a \$100.00 sitter pass. The pass may be used for multiple sitters, but only one babysitter at a time with the member's children present. (You can't have 2 or more sitters with one pass at the same time.) If you choose not to have a sitter pass, or the sitter is not a member you may continue to pay the guest fee.
5. No running or roughhousing on the pool deck.
6. No glass containers in or around the pool area.
7. One person allowed on the ladders and diving boards at a time.
8. No swimming under the diving boards.
9. Designated bathhouses at the end of the clubhouse are for members and guests using the pool.
10. Lifeguards have the authority to suspend members and guests for violating rules, from one hour to a full day. The lifeguard will then report the suspension to the Pool Management Volunteer or Club President.
11. Lifeguards can prohibit any individual from using the pool due to skin condition, open sores, illness, intoxication, etc.
12. Only lifeguards are allowed to connect to the speakers. If you have a play list you would like to have played, please share it with a lifeguard so that they can review the music to make sure it is appropriate for all ages.
13. You may bring food when the restaurant is not open.
14. Clean up after yourself – let's keep the area pleasant for everyone.
15. Be respectful of others' space and enjoy the pool responsibly.
16. Children will be required to take a swim test. Lifeguards will test them and document their ability. They will inform the parents of the child's swim level and safety precautions.
17. Due to our ABC license, no outside alcohol is allowed. You may purchase alcohol from the pro shop or restaurant.
18. No smoking in the baby pool area.
19. All swimmers must respect pool breaks and time outs. Parents, please instruct your children to do so.
20. HAVE FUN, and don't forget your sunscreen!!

**Pool Hours:**

Monday, Tuesday, Thursday, Friday, Saturday, Sunday - 10 am – 7 pm

Wednesday: 10:00 a.m.-8:00 pm.

**Swim Lessons:** Please check with Lifeguard Bailey to schedule your swim lessons.

Lessons will be taught 9:00 a.m-10:00 am by appointment.